guuuuuuu		
Ghassancohen@gmail.com	L DAVID EASTERN SYNAGOGUE Established 1959 Broad Walk Lane, London NW11 8HD	Mr. David Gigi Treasurer Mr. Adil Darwish Hon. Gubbay
Rabbi Asher Sebbag 07732 731786 Hazan: Jacob Oved - 07971 119865 Telephone: 020 8455 3491 Web site: www.oheldavid.org Email: info@oheldavid.org		
<u>שבת פ' דברים</u> Sat. 24 - 25 Jul. 2020 - 4th of Av, 5780 - אי אָב תש״פּ Issue Number 962 - 10 Sat. 24 - 25 Jul. 2020 - 4th of Av, 5780 - 10 Sat. 25 Jul. 2020 - 4th of Av, 5780 - 10 Sat. 25 Jul. 2020 - 4th of Av, 5780 - 10 Sat. 25 Jul. 2020 - 4th of Av, 5780 - 10 Sat. 25 Jul. 2020 - 4th of Av, 5780 - 10 Sat. 25 Jul. 2020 - 4th of Av, 5780 - 10 Sat. 25 Jul. 2020 - 4th of Av, 5780 - 10 Sat. 25 Jul. 2020 - 4th of Av, 5780 - 10 Sat. 25 Jul. 2020 - 4th of Av, 5780 - 10 Sat. 25 Jul. 2020 - 4th of Av, 5780 - 10 Sat. 25 Jul. 2020 - 4th of Av, 5780 - 10 Sat. 25 Jul. 2020 - 4th of Av, 5780 - 10 Sat. 25 Jul. 2020 - 4th of Av, 5780 - 10 Sat. 25 Jul. 2020 - 4th of Av, 5780 - 10 Sat. 25 Jul. 2020 - 4th of Av, 5780 - 10 Sat. 25 Jul. 2020 - 4th of Av, 5780 - 10 Sat. 25 Jul. 2020 - 4th of Av, 5780 - 10 Sat. 25 Jul. 2020 - 4th of Av, 5780 - 10 Sat. 25 Jul. 2020 - 10 Sat. 25 Jul. 25		
Baal Koreh Yom Shabbat Kodesh	Rabbi Asher Sebbag	(Page-820).
Mufteer & Haftarah	Mr Nissim Tricot	(Page -1186).
🗧 Birkat Halevana.		
		18:45 C 20:45 C
Shabbat Shahrit - (Shema 09:07).		08:30
Mincha Shabbat - (Sunset - 20:59).		19:00
Arbit - Motzei Shabbat. 22		22:04
Shahrit Weekday - (Sunday - 7:30).		06:30
Daf Hayomi with Rabbi Asher Sebbag Shlit''a. (ON ZOOM)		17:30
Mincha & Arbit. 19:0		19:00
Next Friday: Mincha, Shir Hashirim, Kabalat Shabbat & Arbit.		18:45
Next Friday: Candles. Shabbat. Va'etchanan		20:34
THE TIMES FOR 9 AB - THU. 29 JULY 2020		
Taanit starts at 20:52 - Arbit Erev 9 Ab 21:40.		
Shacharit Thursday 08:00 - Mincha/Arbit Thursday at 20:00.		
Taanit ends at 21:42.		

Devarim 5780 (Deuteronomy 1:1-3:22) Jul 20, 2020 | by Rabbi Yitzchak Zweig GOOD MORNING! In this week's edition we are going to discuss a very complicated subject - that of criticism. Essentially, in order to become better people we must all learn to accept constructive criticism. But this is a difficult concept for many of us to embrace. Most people are very good at giving others criticism, but utterly fail at properly accepting it themselves. What's between the difference constructive criticism and ordinary criticism? Criticizing someone makes them very angry, while giving them constructive criticism makes them only a little angry.

I am reminded of a story an author who ran into a local book critic. The critic asked him, "Would you like me to give you my opinion of your latest book?" "Sure!" replied the author.

"It's worthless!" said the critic. "I know, but tell it to me anyway."

I cannot write on this subject without mentioning another extraordinary character trait that our beloved teacher Rabbi Kalman Packouz, of blessed memory, exemplified. As many of you know, for close to 27 years I had the unique privilege of spending one day a week having breakfast with him where we would talk and share our lives. On

DESIGNED & PRINTED BY: DAVID GIGI – 07722 207 307 - any query call Ghassan Cohen 07989 387 881

many occasions he would look at me and ask, "Please, tell me what I can do to become a better person. What do you think I should work on?"

2

JUUUUUU

In retrospect, I am ashamed that I cannot recall ever asking him the same question. He had such a love for all of humanity, and I felt it. I should have known that whatever he would have told me would be coming from a person that loves me and only wants to see me continue to grow as a person. What incredible missed an opportunity! Yet another reason to mourn his passing.

This week we begin reading from the Deuteronomy" book of *"Devarim –* (Deuteronomy is derived from the Greek word for repetition, and likewise in the language of our sages the book is often referred to as "Mishneh Torah," which also essentially means review of the Torah). The eponymously named Torah portion that is read this week refers to the "devarim words" that Moses shared with the Jewish people in the final days of his life.

This portion is always read on the Shabbat before Tisha B'Av. The book of Deuteronomy retells the final days of Moses and his conversations and final instructions to the Jewish people. Our sages explain that the reason that this portion is read on the Shabbat before Tisha B'Av is that it contains an extended criticism of the behavior of the Jewish people during their forty years in the desert.

In Judaism, time isn't viewed merely as something that passes, something that is only marked on the calendar. Rather, time has been imbued with a power all its own. For example, Shabbat isn't merely the end of the week and a time to rest. Shabbat was created with an innate holiness and sanctity. one that we dare not violate. This is a special time and we are given the opportunity to achieve things that are unique to this day such as a spiritual communion with the Almighty, a time to reflect on who we are, and a special time to bond with family and friends.

It is therefore no coincidence that the Hebrew word to "invite" and the word for "time" share the same root, "zman - זמן" because they both represent an opportunity. There are more opportune times and less opportune times. Consequently, different times have different predilections; some for happiness and, unfortunately, some for sadness.

we discussed As few weeks a ago, Tisha B'Av is the saddest day on the Jewish calendar. *Tisha B'Av* – the ninth day of the Hebrew month of Av – culminates the time period of foreboding, one which our sages inform us has been a portent for evil and terrible events in the history of the Jewish people. Over the last 3,500 years many horrific things happened on the ninth of Av – including the majority of the most tragic events in Jewish history. Here is the list that Rabbi Packouz compiled and would print with every Tisha B'Av edition of the Shabbat Shalom Weekly:

Throughout history, on the 9th of *Av*, many tragedies befell the Jewish people, including:

- 1. The incident of the spies slandering the land of Israel with the subsequent decree to wander the desert for 40 years.
- 2. The destruction of the first Temple in Jerusalem by Nevuchadnetzar, King of Babylon in 423 BCE.
- 3. The destruction of the Second Temple in Jerusalem by the Romans in 70 CE.
- 4. The fall of Betar and the end of the Bar Kochba revolt against the Romans 65 years later, 135 CE.
- 5. Pope Urban II declared the First Crusade. Tens of thousands of Jews were killed,

DESIGNED & PRINTED BY: GHASSAN & DAVID - 07722 207307

Jewish communities and many obliterated.

6. The Jews of England were expelled in 1290.

, L

2

- 7. The Jews of Spain were expelled in 1492.
- 8. World War I broke out on Tisha B'Av in 1914 when Russia declared war on Germany. German resentment of the Treaty of Versailles set the stage for World War II and the Holocaust. In fact. many believe it was merely the continuation of World War I. Thus, the Holocaust also has it's roots in Tisha B'Av.
- 9. On Tisha B'Av, deportation began of Jews from the Warsaw Ghetto.
- B'Av begins year, Tisha This on Wednesday night, July 29th. Tish B'Av is a fast day (like Yom Kippur, from sunset one evening until the stars come out the next evening) and culminates a three week mourning period by the Jewish people. On this day, one is forbidden to eat or drink, bathe, use moisturizing creams or oils, wear leather shoes, or have marital relations. The idea is to minimize pleasure and to let the body feel the distress the soul should feel over these tragedies. Like all fast days, the object is introspection, making a spiritual accounting and correcting our ways what in Hebrew is called teshuva returning to the path of good and righteousness, to the ways of the Torah.

primary mourning on Tisha The B'Av is centered on the destruction of the two temples, which were both accompanied by the utter annihilation and pillaging of the inhabitants of Jerusalem. According to the Talmud (Yoma 9b), the reason for the destruction of the second temple was because of "sinat chinam – baseless hatred." In other words, Jews had an antipathy toward one another and this

caused us to lose the icon of peace and unity that was the Holy Temple.

Yet, the Talmud seems to have a contradiction. In tractate Shabbos (119b) the Talmud states that the reason for the destruction was because people failed to criticize one another. This seems to contradict the other teaching that states that the destruction stemmed from baseless hatred. Furthermore, if baseless hatred was rampant in the city of Jerusalem then harsh criticism of fellow Jews couldn't be far behind. What does the Talmud mean when it says that people didn't criticize one another?

Did you know that there is actually a *mitzvah* in the Torah to criticize a fellow Jew? (see Leviticus 19:17) Sadly, most of us have no idea what this really means and when to apply it. As an example: Most of us feel it is our sacred obligation to (loudly) shush the person in synagogue who is talking too loudly or is disruptive in some way. However, this does not fall under the obligation of criticizing a fellow Jew.

Maimonides (Deyos 6:7) very clearly explains that the main driving force of criticism of another has to be your love of them and your desire that they don't hurt themselves.

Unfortunately, most of us only criticize behavior of others (including family members) that bother us, not the behavior that is harmful to them. Most of us prefer to blithely ignore the behaviors of our friends that we see are clearly detrimental to them. Unless, of course, they do or say something that is disruptive to our own lives. At that point we spring into action. But until then we would rather turn a blind eye to their shortcomings and "leave well enough alone."

Meaning, we effectively only criticize others when their behavior is about us and

DESIGNED & PRINTED BY: GHASSAN & DAVID - 07722 207307

not when their behavior is about them. (We should carefully examine what that says about our "friendship.") That's what the Talmud means by Jerusalem was destroyed because we didn't criticize one another. This was a direct result of the baseless hatred. Because of the baseless hatred we had for one another, we didn't care about each other and thus didn't make any attempt to prevent others from harming themselves.

We should all consider how we can use this message to improve the lives of others, and may we merit to see the rebuilding of the Holy Temple speedily in our days. Amen.

TORAH PORTION OF THE WEEK

Devarim, Deuteronomy 1:1 - 3:22

כארה ההוונות האונה ההוונות ההוונות ההוונות הוונות הוונות הוונות הוונות הוונות הוונות הוונות הוונות הוונות הוונ

This week we begin the last of the Five Books of Moses, *Devarim* ("Words"). In English, it is called Deuteronomy (from the Greek meaning "Second Law" – from deuteros "second" + nomos "law" – perhaps because Moses repeats many of the laws of the Torah to prepare the Jewish people for entering and living in the Land of Israel). The Book is the oration of Moses before he died. Moses reviews the history of the 40 years of wandering the desert, reviews the laws of the Torah and gives rebuke so that the Jewish people will learn from their mistakes. Giving reproof right before one dies is often the most effective time to offer advice and correction; people are more inclined to pay attention and to take it to heart.

66 Quote of the Week 99

The trouble with most of us is that we'd rather be ruined by praise than saved by criticism.



In loving memory of Rabbi Kalman Packouz Kalman Moshe ben Reuven Avigdor 1950-2019 Shabbat Shalom, Rabbi Yitzchak Zweig

Security Alert: Please be very vigilant when you leave the Synagouge. Do not stand in groups and chat, go home without gathering on the main road. Be safe and alert.

THE KEHILLA WISHES חיים ארוכים "Long Life" TO THE FOLLOWING WHO HAVE YAHRZEIT		
Dear All, Tuesday 28-07-2020 @ 8.15 pm For a talk by Rabbi Harvey Belovski (Topic) Eichah: Past, Present and Future. 40 minutes estimated duration including Q&A which will follow the talk. Just click on the link below <u>https://us02web.zoom.us/j/7575017824?pwd=RTNOa1FjNHUrMUVtd3FvUEt4WjN3QT09</u> Meeting ID: 757 501 7824 Password: 7m1ggb Best wishes,		
DESIGNED & PRINTED BY: GHA	SSAN & DAVID - 07722 207307	

THE 4TH IN THE SERIES 40 DAYS GUARANTEED FOLLOW THESE 10 SECRETS IN THE CODES OF LIFE EMBEDDED IN TORAH KABBALAH BOOKS BY ADAM, ABRAHAM, **BAHIR, SHIMON BAR YOCHAI 1000's MOR** YOU ARE GUARANTEED TO FIND A REAL **SOULMATE IN 40 DAYS (PART 2) SMOOTH LOVING RELATIONSHIP CONFLICT RESOLUTION HIDDEN SECRETS IN THE CODE OF LIFE BOOKS GOING BACK 1000'S OF YEARS** SUNDAY 26TH JULY. 7 PM (Israel 9 pm Spain Portugal 8 pm). JOIN PROF ELIYAHU KELMAN OHEL **DAVID TALK SOCIAL MEDIA YOUTUBE ZOOM CLICK LINK**

IN LOVING MEMORY OF ALICE KELMAN

https://us02web.zoom.us/j/81705442342?pwd=ZDJ6dkV BUktiQTN0SmdNdjU2N1paQT09